

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Debeuckelaere Sindy HEADCOACH

Coaches: Tieghem Kristof

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M BUTTERFLY MEN 15+

Heat:6, starttime: 09:04

Heat: 6/12 Lane : 7 Athlete: THYVELEN WOUT

Q-time: 01:01:83

PB (50m pool): 01:01.13 Antwerpen 28/07/2024

PB (25m pool): 01:00.36 SB: 01:01.83 Antwerpen 15/03/2026

	5 0 M	1 0 0 M	
PB	no time	01:01.13	
	no time		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+

Heat:4, starttime: 09:20

Heat: 4/16 Lane : 2 Athlete: BOUTTELEGIER ANAÏS

Q-time: 00:34:58

PB (50m pool): 00:34.58 Brugge 25/01/2026

PB (25m pool): 00:33.84 SB: 00:34.58 Brugge 25/01/2026

	5 0 M	
PB	00:34.58	
	00:34.58	
		

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+

Heat:8, starttime: 09:26

Heat: 8/16 Lane : 8 Athlete: NOTREDAME INE

Q-time: 00:33:64

PB (50m pool): 00:33.64 Antwerpen 15/03/2026

PB (25m pool): 00:32.22 SB: 00:33.64 Antwerpen 15/03/2026

	5 0 M	
PB	00:33.64	
	00:33.64	
		

Coach feedback:

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Event number: 3: 50M BACKSTROKE WOMEN 15+							Heat:11, starttime: 09:31		
Heat: 11/16 Lane : 1 Athlete: EECKHOUT FLEUR							Q-time: 00:33:05		
PB (50m pool): 00:33.05 Brugge 25/01/2026				PB (25m pool): 00:31.76 SB: 00:33.05 Brugge 25/01/2026					
	5 0 M								
PB	00:33.05								
	00:33.05								
									

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 15+							Heat:12, starttime: 09:33		
Heat: 12/16 Lane : 7 Athlete: MIGOM LOBKE							Q-time: 00:32:50		
PB (50m pool): 00:32.50 Antwerpen 27/07/2025							PB (25m pool): 00:31.49 SB: 00:32.68 Brugge 01/02/2026		
	5 0 M								
PB	00:32.50								
	00:32.50								
									

Coach feedback:

Event number: 5: 200M BREASTSTROKE WOMEN 15+					Heat:2, starttime: 10:13
Heat: 2/9 Lane : 6 Athlete: BOUTTELEGIER ANAÏS				Q-time: 02:58:08	
PB (50m pool): 02:53.37 Antwerpen 28/07/2024			PB (25m pool): 02:51.70 SB: 02:58.59 Kortrijk 26/12/2025		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:53.37	
	no time				
					

Coach feedback:

Event number: 6: 200M BACKSTROKE MEN 15+					Heat:7, starttime: 11:01
Heat: 7/10 Lane : 8 Athlete: PLOVIE FLYNN				Q-time: 02:19:92	
PB (50m pool): 02:19.92 Antwerpen 27/07/2025			PB (25m pool): 02:17.13SB: 02:21.70 Kortrijk 26/12/2025		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.41	01:08.03	01:44.40	02:19.92	
	00:32.41	00:35.62	00:36.37	00:35.52	
					

Coach feedback:

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Event number: 6: 200M BACKSTROKE MEN 15+					Heat:9, starttime: 11:08
Heat: 9/10 Lane : 3 Athlete: DE CRAEMER CAS					Q-time: 02:12:23
PB (50m pool): 02:12.23 Antwerpen 22/03/2026			PB (25m pool): 02:07.78 SB: 02:12.23 Antwerpen 22/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.18	01:05.14	01:39.72	02:12.23	
	00:31.18	00:33.96	00:34.58	00:32.51	
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+					Heat:6, starttime: 11:36
Heat: 6/12 Lane : 1 Athlete: THYVELEN WOUT					Q-time: 01:12:33
PB (50m pool): 01:09.47 Antwerpen 28/07/2024			PB (25m pool): 01:06.26 SB: 01:12.54 Lago Kortrijk Weide 03/05/2026		
	5 0 M	1 0 0 M			
PB	no time	01:09.47			
	no time				
					

Coach feedback:

Event number: 8: 100M BREASTSTROKE MEN 15+					Heat:12, starttime: 11:46
Heat: 12/12 Lane : 1 Athlete: DELPORTE NIO					Q-time: 01:08:97
PB (50m pool): 01:08.97 Antwerpen 15/03/2026			PB (25m pool): 01:07.09 SB: 01:08.97 Antwerpen 15/03/2026		
	5 0 M	1 0 0 M			
PB	00:32.79	01:08.97			
	00:32.79	00:36.18			
					

Coach feedback:

Event number: 9: 50M FREESTYLE WOMEN 15+					Heat:6, starttime: 11:53
Heat: 6/13 Lane : 1 Athlete: MIGOM LOBKE					Q-time: 00:28:55
PB (50m pool): 00:28.55 Antwerp 09/02/2025			PB (25m pool): 00:27.94 SB: 00:28.65 Antwerpen 22/03/2026		
	5 0 M				
PB	00:28.55				
	00:28.55				
					

Coach feedback:

CB-BK WE2 2026: Session: 1: COACH evaluation sheet for TEAM: ZB

Event number: 9: 50M FREESTYLE WOMEN 15+										Heat:7, starttime: 11:54																																		
Heat: 7/13																				Lane : 7					Athlete: EECKHOUT FLEUR										Q-time: 00:28:39									
PB (50m pool): 00:28.39										Antwerpen					22/03/2026					PB (25m pool): 00:27.82										SB: 00:28.39					Antwerpen					22/03/2026				
	5 0 M																																											
PB	00:28.39																																											
	00:28.39																																											
																																												

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:6, starttime: 12:06																													
Heat: 6/15																				Lane : 7					Athlete: DELPORTE NIO										Q-time: 00:25:69				
PB (50m pool): 00:25.69										Antwerpen					15/03/2026					PB (25m pool): 00:25.93SB: 00:25.69										Antwerpen					15/03/2026				
	5 0 M																																						
PB	00:25.69																																						
	00:25.69																																						
																																							

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+							Heat:7, starttime: 12:07		
Heat: 7/15 Lane : 5 Athlete: THYVELEN WOUT							Q-time: 00:25:54		
PB (50m pool): 00:25.45 Antwerp 21/01/2024							PB (25m pool): 00:24.68SB: 00:25.91 Lago Kortrijk Weide 03/05/2026		
	5 0 M								
PB	00:25.45								
	00:25.45								
									

Coach feedback:

Event number: 10: 50M FREESTYLE MEN 15+										Heat:12, starttime: 12:12																													
Heat: 12/15																				Lane : 1					Athlete: DE CRAEMER CAS										Q-time: 00:24:73				
PB (50m pool): 00:24.73										Brugge 14/02/2026										PB (25m pool): 00:24.72										SB: 00:24.73					Brugge 14/02/2026				
		5 0 M																																					
PB		00:24.73																																					
		00:24.73																																					
																																							

Coach feedback: